

# Risk Assessment – Oxford University Canoe & Kayak Club – Pool Skills Sessions

RISK MATRIX		LIKELIHOOD (L)			
		High (4)	Medium (3)	Low (2)	Remote (1)
SEVERITY (S)	Severe (D)	High	High	Medium	Low
	Moderate (C)	High	Medium	Medium / Low	Effectively Zero
	Insignificant (B)	Medium / Low	Low	Low	Effectively Zero
	Negligible (A)	Low	Effectively Zero	Effectively Zero	Effectively Zero

Description of assessment	Risk Assessment of Pool Skills Sessions <b>Location:</b> Rosenblatt Swimming Pool, Iffley Road Sports Centre, Oxford, OX4 1EQ <b>Activity:</b> Skills work. <b>River Craft:</b> Polo or white-water kayak			
	Assessor: Date:	George Crooks 29/11/2023	Signed off by: Date:	Amelia Lam 29/11/23

#	Hazard	Potential Consequence	S	L	Risk	What are you doing to control the risks?	Who needs to carry out the action?	When is the action needed by?	Further Actions?
1	MEDICAL CONDITION	Participants may end up in a situation where a pre-existing medical condition affects their safety	B	2	Low	<p>All members are asked to declare if they have any medical condition that may affect their ability to go kayaking in the membership form. The data is stored on MyClubHouse, which session leaders should be able to access.</p> <p>First aider will always be present at the sports centre.</p> <p>Participants to only enter the pool when lifeguards are present.</p>	All members	Whenever a new member joins the club	Ensure all first aiders have access to participant medical information on MyClubHouse
2	WATER	Drowning	D	1	Low	<p>All participants must be capable of swimming at least 50m comfortably, as declared in their membership form.</p> <p>All participants must complete a deck test before they are able to wear a spraydeck at club sessions.</p> <p>All participants should know how to exit their boat in the event of a capsize.</p> <p>Leaders are present who are capable of righting a capsized boat if the participant is stuck in the boat, or unconscious.</p> <p>Club members are only to enter the swimming pool when a lifeguard is present</p>	All participants and leaders	During all pool sessions	

3	EQUIPMENT HANDLING	Back injuries, muscle strain or accidental injuries.	B	2	Low	<p>Ensure that all group members are familiar with good boat lifting practice.</p> <p>Take care when moving boats in and out of the storage at the pool shed.</p>	All participants and leaders	Whenever carrying equipment	
4	LACK OF EXPERIENCE D LEADERS	Major injuries, equipment damage, death.	D	1	Low	<p>All skills sessions to be led by a club approved leader, who will oversee the running of the session and ensure skills work is carried out safely.</p> <p>Lifeguard present to assist if needed.</p>	President and Safety Officer	Before the session	
5	BOAT OR PADDLE CONTACT WITH PARTICIPANT	Cuts, strains, sprains, etc. Head injury – concussion or loss of consciousness	C	2	Medium/Low	<p>During skills sessions, helmets are not required, so care must be taken when close to other participants</p> <p>Ensure sufficient space is given to all paddlers/helpers when learning new skills</p> <p>Be aware of the sides of the pools when learning skills, and stay at least a metre away unless the pool edge is required for the skills (hip-flick, etc.)</p> <p>If a hit to the head occurs, potential concussion should be taken seriously – if in doubt, sit it out</p>	All participants and leaders	During all skills sessions	Encourage communication between participants and leaders, to reduce the likelihood of getting struck with a paddle whilst teaching rolling, for example
6	WET POOLSIDE	Injury due to slips/falls	B	2	Low	<p>Follow poolside rules and do not run.</p> <p>Listen to lifeguards</p>	All participants and leaders	During all skills sessions	

7	SHALLOW WATER	Head/neck injury due to diving	C	2	Medium/ Low	As dictated by signage around the pool, do not dive into the pool.	All participants and leaders	During all skills sessions	Leader of session to remind all participants to follow pool rules at the start of the session
8	HYDRAULIC FLOOR	Injury due to moving hydraulic swimming pool floor	C	1	Low	No diving into the pool at any point, as per point 7 No participants to be in the pool whilst the floor is being moved, which will be signified by a loud siren sounding.	All participants and leaders	During all skills sessions	